

BE A SAFETY CHAMPION

CHECKLIST

Anyone can be a safety champion and promote best practice work health and safety initiatives at work.

Start by assessing what you are already doing to lead work health and safety at your workplace



DO YOU KNOW YOUR RESPONSIBILITIES TO BUILD A SAFE AND HEALTHY WORKPLACE?

- Regulations and rules can vary between states and territories.
- [Check with your local regulator](#) for information specific to your state.



DO YOU KNOW YOUR WORK HEALTH AND SAFETY DUTIES AT WORK?

- At work we are all responsible for our own health and safety.
- Some Officers and Persons Conducting a Business or Undertaking have responsibilities to ensure workers and others are not at risk.



ARE YOU AWARE OF ANY HAZARDS AT YOUR WORK?

- A hazard is a situation or thing that can potentially cause harm.
- At work, they can include: noisy machinery, a moving forklift, chemicals, electricity, working at heights, a repetitive job and bullying and violence.



DO YOU KNOW THE RISKS AT YOUR WORKPLACE?

- A risk is a possibility that physical or psychological harm (death, injury or illness) may occur when exposed to a hazard.



DO YOU KNOW THE HAZARDS AND RISKS SPECIFIC TO YOUR INDUSTRY AND BUSINESS?

- Every industry and business in Australia has different hazards and risks specific to the nature of the work and environment that could cause work-related physical and psychological harm.
- Safe Work Australia's [safety by industry and business](#) information can help you understand the hazards and risks at your workplace.



DO YOU CONSIDER HEALTH AND SAFETY ISSUES WHEN PLANNING AND DESIGNING WORK?

- By careful planning and thinking about the work, work systems, physical work environment and workers, you can eliminate hazards and manage risks.



HAVE YOU OR YOUR WORKERS BEEN IMPACTED BY A WORK-RELATED INJURY OR ILLNESS AND PLANNED A RETURN TO WORK?

- It is important to consider what assistance and communication can be provided for injured workers to support their recovery when returning to work.



DO YOU KNOW WHAT RESOURCES ARE AVAILABLE FOR MIGRANT OR FOREIGN WORKERS?

- Safe Work Australia has published [an information sheet in 22 languages](#) about working safely in Australia.
- [Check with your local regulator](#) for information specific to your state.



DO YOU KNOW WHERE TO REPORT A WORK HEALTH AND SAFETY INCIDENT?

- [Contact the work health and safety authority in your jurisdiction](#) to report an incident or discuss steps you can take to make your workplace safer.

We all have a duty and responsibility to build a safe and healthy workplace

Find out more at safeworkaustralia.gov.au/national-safe-work-month/safety-champion-info